

## Military Rotators Processing Checklist

**Instructions:** The coordinator of the hosting UTHSCSA program is responsible for submitting this packet **in its entirety** to the GME Office no later than **15 business days** prior to the intended start date of the UTHSCSA rotation, but no more than 60 business days in advance. Incomplete packets will **NOT** be processed or accepted. If the packet is not complete 15 business days prior to the intended start date of the rotation, a timely start date is not guaranteed. Expedited applications will incur a charge of \$100 which must accompany the packet.

Packets will **NOT** be accepted directly from rotators or from SAUSHEC administrative staff. Receipt of the packet from the UTHSCSA program indicates that the program has approved of the rotation and that the education of UTHSCSA trainees will not be compromised by the presence of these additional learners.

**Complete packets contain:**

SAUSHEC Provided ✓	UTHSCSA Reviewed ✓
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		Complete Housestaff Datasheet -- Timeline (pg. 2 of datasheet) and SSN must be filled in.
		Signed Notice of Voluntary Disclosure of Social Security Number
		Current CV showing all years of post-graduate training
		Copy of Medical School diploma <u>or</u> final transcript showing "conferred on date"
		Documentation of HIPAA & Ethics training – from your home program
		Documentation of Restraint training
		Signed Confidentiality and Security Acknowledgement Form
		Copy of PLA for the rotation

After GME processes packet, GME will notify participating institutions such as UHS and VA as well as involved PC's of the GME Office's clearance. It is the responsibility of the **hosting** UTHSCSA program's PC to ensure visiting rotators have proper clearance from these participating institutions prior to beginning their rotations.

Upon completion of each rotation, the resident's access is deactivated. If the military rotator will be participating in multiple rotations at UTHSCSA, it is the responsibility of the **hosting** UTHSCSA program's PC to notify the GME office at least **7 business days** prior to the intended start date, but no more than 30 business days in advance, for reactivation.

**Rotator's Name:** \_\_\_\_\_

Program	Start Date	End Date	UTHSCSA Contact Information	SAUSHEC Contact Information

**Academic Year \_\_\_\_\_**  
**The University of Texas Health Science Center at San Antonio**  
**Housestaff Data Sheet for Rotators**

**Legal Name:** \_\_\_\_\_  
(Last) (First) (Middle) (Degree Type) (Gender)

**Local Address:** \_\_\_\_\_  
(Street) (City) (State) (Zip Code)

**Work e-mail address:** \_\_\_\_\_

**Phone Number:** ( ) ( ) ( ) \_\_\_\_\_  
(Home) (Cell) (Pager)

**Date of Birth:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ **Social Security #:** \_\_\_\_ - \_\_\_\_ - \_\_\_\_ **PIT/License #:** \_\_\_\_\_

**Medical School:** \_\_\_\_\_  
(name) (location)

**Current Residency/Fellowship Program:** \_\_\_\_\_  
(specialty)

List bedside procedures rotator can perform without direct supervision:

\_\_\_\_\_  
Program Director's Signature

\_\_\_\_\_  
Date

**Please detail your activities each year from your graduation date from medical school through the present. Be sure to include any post-graduate education activities and their locations.**

**Example:**

	Accredited Program	Research Year	Not Applicable
Medical School Graduation: <u>5/31/2004</u>			
2004-05 <u>PGY 1 Internal Medicine, University of Texas Medical Branch</u>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2005-06 <u>PGY 2 Internal Medicine, University of Texas Medical Branch</u>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2006-07 <u>PGY 3 Internal Medicine, University of Texas Medical Branch</u>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2007-08 <u>Private practice, Internal Medicine, Galveston, Texas</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2008-09 <u>Private practice, Internal Medicine, Galveston, Texas</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2009-10 <u>Private practice, Internal Medicine, San Antonio, Texas</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2010-11 <u>Gastroenterology fellowship, UTHSCSA</u>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Medical School Graduation \_\_\_\_\_

	Accredited Program	Research Year	Not Applicable
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(year) _____ (activity, or program)			
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(year) _____ (activity, or program)			
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(year) _____ (activity, or program)			
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(year) _____ (activity, or program)			
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(year) _____ (activity, or program)			

The University of Texas Health Science Center at San Antonio

NOTICE FOR VOLUNTARY DISCLOSURE OF SOCIAL SECURITY NUMBER School of Medicine Resident Rotators

Disclosure of your social security number (SSN) is requested from you in order for the University of Texas Health Science Center at San Antonio (UTHSCSA) to provide accurate information to affiliated hospitals for Medicare reporting. No statute or other authority requires that you disclose your SSN for that purpose. Failure to provide your SSN, however, may result in your being denied the opportunity to complete clinical rotations. Further disclosure of your SSN is governed by the Public Information Act (Chapter 552 of the Texas Government Code) and other applicable laws.

NOTICE ABOUT INFORMATION LAWS AND PRACTICES

With few exceptions, you are entitled on your request to be informed about the information the University of Texas Health Science Center at San Antonio collects about you. Under Sections 552.021 and 552.023 of the Texas Government Code, you are entitled to receive and review the information. Under Section 559.004 of the Texas Government Code, you are entitled to have The University of Texas Health Science Center at San Antonio correct information about you that is held by The University of Texas Health Science Center at San Antonio and is incorrect, in accordance with the procedures set forth in The University of Texas System Business Procedures Memorandum 32. The information that The University of Texas Health Science Center at San Antonio collects will be retained and maintained as required by Texas records retention laws (Section 441.180 et seq. of the Texas Government Code) and rules. Different types of information are kept for different periods of time.

You may send any requests to: The Office of the Vice President/Chief Financial Officer By mail to: 7703 Floyd Curl Drive, San Antonio, TX 78229-3900 By e-mail to: PublicInfo@uthscsa.edu By fax to: (210) 567-7027 In person at: Academic and Administration Building, Room 442

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CONSENT FOR RELEASE

I consent for the release of my social security number for the stated purposes above.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Confidentiality/Security Acknowledgement

The University of Texas Health Science Center at San Antonio (UTHSCSA) has a legal and ethical responsibility to safeguard the privacy of all patients and protect confidentiality and security of all health information. During your employment or affiliation with UTHSCSA you may hear information related to a patient's health or read or see computer or paper files containing confidential health information, whether or not you are directly involved in providing patient services. You may also create documents containing confidential patient information, if it is part of your job description and/or as directed to do so by your supervisor.

As part of your employment or affiliation with UTHSCSA, you must strictly adhere to the following regarding confidentiality and security of patient information:

- ✓ *Confidential Health Information.* I will regard patient confidentiality as a central obligation of patient care. I understand that all information, which in any way may identify a patient or which relates to a patient's health, must be maintained in the strictest confidence. Except as permitted by this Acknowledgement, I will not at any time during or after my employment or affiliation speak about or share any patient information with any person or permit any person to examine or make copies of any patient reports or other documents that I come into contact with or which I create, except as allowed within my job duties or by patient authorization.
- ✓ *Permitted Use of Patient Information.* I understand that I may use and disclose confidential patient information only to other providers of health care services, if the purpose of the disclosure is for treatment, consultation, or referral of the patient. If my job description allows, I may also disclose information for payment and billing purposes and/or internal operations, such as use for internal quality studies and for internal education activities.
- ✓ *Prohibited Use and Disclosure.* I understand that I must not access, use or disclose any patient information for any purpose other than stated in this Acknowledgement. I may not release patient records to outside parties except with the written authorization of the patient, the patient's representative, or for other limited or emergency circumstances. Special protections apply to mental health records, records of drug and alcohol treatment, and HIV related information. I must neither physically remove records containing patient information from the provider's office, clinic, or facility, nor alter or destroy such records. Personnel who have access to patient records must preserve their confidentiality and integrity, and no one is permitted access to health information without a legitimate, work-related reason.

I also agree to immediately report to my supervisor or to the UTHSCSA Privacy Officer any non-permitted disclosure of confidential patient information that I make by accident or in error. I agree to report any use or disclosure of

confidential patient information that I see or know of others making that may be a wrongful disclosure.

- ✓ *Safeguards.* In the course of my employment or affiliation if I must discuss patient information with other healthcare practitioners in the course of my employment or affiliation, I will use discretion to ensure that others who are not involved in the patient's care cannot overhear such conversations. I understand that when confidential patient information is within my control, I must use all reasonable means to prevent it from being disclosed to others except as permitted by this Acknowledgement.

Protecting the confidentiality of patient information means protecting it from unauthorized use or disclosure in any format, oral/verbal, fax, written, or electronic/computer.

- ✓ *Computer Security.* If I keep any identifiable patient information on a personal digital assistant (PDA), laptop, or other electronic device, I will ensure that my supervisor knows I am using it and has approved such use. I agree not to send patient information in an e-mail unless my supervisor directs me to do so in an emergency. I will not attempt to access information by using a user identification code or password other than my own, nor will I release my user identification code or password code to anyone, or allow anyone to access or alter information under my identity. I will ensure that my virus protection software is updated on a routine basis (once per week) and that I back up any confidential information using approved back up procedures.
- ✓ *Physical Security.* I will take all reasonable precautions to safeguard *confidential* information. These precautions include using lockable file cabinets, locking office doors, securing data disks, tapes or CDs, using a password protected screen saver, etc. I agree to store my electronic media in recommended containers and store back up media in approved locations.
- ✓ *Return or Destruction of Information.* If my employment or affiliation with UTHSCSA requires that I take patient information off the UTHSCSA campus or off the property of UTHSCSA affiliates, I will ensure that I have UTHSCSA's or the other facility's permission to do so. I will protect patient information from unauthorized disclosure to others, and I will ensure that all patient information is returned to the appropriate facility.

Unless specifically stated in my job description, I am not authorized to destroy any type of original patient information maintained in any medium, i.e., paper, electronic, etc.

- ✓ *Termination.* When I leave my employment or affiliation or complete my training or residency at UTHSCSA, I will ensure that I take no identifiable patient information with me, and I will return all patient information in any format to the

UTHSCSA or other appropriate facility. If it is not original documents, but rather my own personal notes, I must ensure that such information is destroyed in a manner that renders it unreadable and unusable by anyone. Discharge or termination, whether voluntary or not, shall not affect my ongoing obligation to safeguard the confidentiality and security of patient information and to return or destroy any such information in my possession.

- ✓ *Violations.* I understand that violation of this Acknowledgement may result in corrective action, up to and including termination of my employment or affiliation. In addition, violation of privacy or security regulations could also result in fines or jail time.
- ✓ *Disclosures Required by Law.* I understand that I am required by law to report suspected child or elder abuse to the appropriate authority. I agree to cooperate with any investigation by the Department of Health and Human Services or any oversight agency, such as to help them determine if UTHSCSA is complying with federal or state privacy laws.

I understand that nothing in this Acknowledgement prevents me from making a disclosure of confidential patient information if I am required by law to make such a disclosure.

I understand that if I believe in good faith that UTHSCSA has engaged in conduct that is unlawful or otherwise violates clinical or professional standards, or that the care, services, or conditions provided by the UTHSCSA potentially endangers one or more patients, workers, or the public, a disclosure of confidential information may be made, but only to the appropriate public authority and/or to the attorney retained by me for the purpose of determining legal options with regard to the suspected misconduct.

*My signature, on the following page, acknowledges that I have read the terms and conditions of this Acknowledgement. The signature page will be maintained by my department supervisor.*

*NOTE:* To access specific policies regarding privacy or security issues, please refer to the *Handbook of Operating Procedures (HOP)*, available at <http://www.uthscsa.edu/hop2000/>. Security policies are located in Chapter 5 and privacy policies in Chapter 11.

## Confidentiality/Security Acknowledgement Signature Page

*By my signature below, I acknowledge that I have read the terms and conditions of the Confidentiality/Security Acknowledgement. I am maintaining the three page Acknowledgement for my own records.*

Signature: \_\_\_\_\_  
*Please circle*      *UTHSCSA Employee   Resident/Intern   Student   Non-employee*

Printed name: \_\_\_\_\_

Date: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Department: \_\_\_\_\_



# Restraint Training

For Providers

# Patient Rights Regarding Use of Restraints

- All patients have the right to be free from physical or mental abuse, and corporal punishment
- All patients have the right to be free from restraint imposed as a means of coercion, discipline, convenience, or retaliation by staff
- Restraint may only be imposed to ensure the immediate physical safety of the patient or others and must be discontinued at the earliest possible time

# Prohibitions to Use of Restraint

The use of restraint is strictly prohibited:

- Based solely on a patient's prior history and/or behavior
- As convenience to staff
- As method of coercion or as punishment

# Orders for the Use of Restraint

- Each episode of restraint must be ordered by a physician
- Orders for the use of restraint must never be written:
  - As a standing order, or
  - On an as needed basis (PRN)
- Note: Seclusion may only be used on inpatient psychiatry and should not be ordered outside of this unit.

# Orders for Use of Restraint Must Contain:

- The name of the patient
- The date and time of the order
- The name of the physician ordering restraint
- The type of restraint to be applied
- The time limit (duration) of the restraint

# There are two types of restraints

- Safety/Non-violent/Non-Self Destructive Behavior
  - Formerly known as “Medical/Surgical” Restraint
  - Used for a patient’s actions, which threaten the continuity of medical/surgical interventions
    - E.g., a confused patient pulling on tubes, lines or dressings
- Violent or Self-Destructive Behavior
  - Formerly known as “Behavioral” Restraints
  - Used for control of aggressive or violent behavior that is dangerous to self or others

## **Safety/Non-Violent/Non-Self-Destructive Behavior Restraints (Formerly Medical/Surgical Restraints)**

- Initial order for this restraint must be
  - Written immediately
  - Renewed each calendar day
- Requires an assessment with each order or anytime the patient's condition changes
- If no physician is available, the RN may initiate appropriate forms of restraint
  - The physician will be notified within a few minutes, provide an order for the restraint, and will assess the patient and document results within 24 hours

# Restraint for Management of Violent or Self-Destructive Behavior (Formerly Behavioral Restraints)

- Each order for restraint may only be ordered in accordance with these limits:
  - for adults age 18 and older
    - Four hours for the initial order
    - Four (4) hours for the renewal order
  - For children and adolescents ages 9-17 for initial order
    - Two (2) hours for the initial order
    - Two (2) hours for the renewal order ;
  - for patients under age 9
    - One (1) hour for the initial order
    - One (1) hour for the renewal order



## **Face-to-Face Evaluation: Restraint for Management of Violent or Self-Destructive Behavior (Formerly Behavioral Restraints)**

- Face-to-face patient evaluation must be done within 1 hour of restraint
  - This evaluation cannot be done by telephone
- Includes both physical & behavioral assessment
- If the behavior resolves and the restraints are removed before the physician arrives, this evaluation is still required within one hour
- If the restraint order is to be renewed, a face-to-face evaluation is also required.
- If restraints are removed, a new order is required to reinitiate the use of restraints.

# One to One Monitoring

- Patients in restraints for violent or self-destructive behavior must be on continuous, in-person 1:1 monitoring.

# References

- CIHQ. Restraint & Seclusion Policy .1641 Rev. 12.1[1].doc
- CMS Conditions of Participation for Acute Care Hospitals, 482.13(e),482.13(f)
- Texas Administrative Code, Rules of the Texas Department of Mental Health and Mental Retardation, Title 25, Part I, Chapter 415, Subchapter F, Interventions in Mental Health, July 2014
- 2014 Comprehensive Accreditation Manual for Hospitals: The Official Handbook. Joint Commission on Accreditation of Healthcare Organizations. Oakbrook Terrace, Ill.
- UHS Policy No. 9.13, Restraints and Seclusion

# Restraint Training Test

# Question #1

The use of restraint or seclusion may only be used for the following reason:

- A. Based solely on a patient's prior history and/or behavior
- B. For convenience to staff
- C. As coercion or as punishment
- D. For violent behavior that jeopardizes the immediate safety of the patient or others

## Question #2

A patient is confused and attempting to pull out their airway. Which of the following restraint orders may be initiated?

- A. Safety/Non-violent/Non-Self Destructive Behavior
- B. Violent or Self-Destructive Behavior

# Question #3

Match each patient age group with the appropriate restraint order time limit:

- |   |  |
|---|--|
| 1. Adults age 18 and older                              | A. Two hours for initial and renewal orders      |
| 2. Children and adolescents ages 9-17 for initial order | B. Four hours for the initial and renewal orders |
| 3. Patients under age 9                                 | C. One hour for the initial and renewal order    |

# Question #4

Upon a nurse initiating the use of restraints on your patient for violent or self-destructive behavior, the physician must perform a face-to-face patient evaluation within what time frame?

- A. 15 minutes
- B. 1 hour
- C. 4 hours
- D. 24 hours



# Question #5

Patients in restraints for violent and self-destructive behavior must be monitored by:

- A. Video monitoring
- B. Hourly rounding
- C. Every 15 minute in-person checks
- D. Continuous, in-person, 1:1 monitoring