UT Health Science Center at San Antonio

New Resident & Fellow Handbook

Making lives better through excellence in education, research, health care & community engagement
Congratulations!
Congratulations on selecting UT Health Science Center at San Antonio for your Residency/Fellowship program! We are excited for you to join us!

We know you are eager to start, and we cannot wait to have you here on campus! Orientation is a key component to resident success. This is an opportunity to learn more about UT Health, the Office of GME, UH, VA, other participating sites. You will meet other residents and fellows as you learn more about our campus and San Antonio!

For more on GME click here
Welcome from the Vice Dean of GME

Congratulations and Welcome!

I would like to congratulate you on choosing the Long School of Medicine to begin the next step of your professional development. This has been a time of unprecedented change as we continue to deal with the ramifications of a global pandemic. You have already seen a significant impact on the end of your medical school experience, and your educational experience will continue to evolve into “The New Normal.” Please be assured that we are working closely with our educational partners, as you begin this next chapter in your professional journey, to make this a rewarding experience.

We are very proud of the close partnership we enjoy with University Health and the South Texas Veterans Health Care System. While I’m sure you had many great opportunities across the country to pursue your medical specialty training, you made the right choice by choosing to serve San Antonio and South Texas.

I look forward to meeting you during New Resident Orientation! We have worked very hard to deliver a meaningful and informative orientation program to give your residency and/or fellowship a flying start. You should have heard from your program leadership on preparations for Orientation already and have received a Welcome letter with next steps. Please contact your Program Coordinator, Program Director or our office if you have any questions over the next coming weeks.

Sincerely,

Dr. Woodson “Scott” Jones
Vice Dean & DIO of Graduate Medical Education
Phone: 210-567-4431
Email: medgme@uthscsa.edu
Come join your fellow colleagues in New Resident/Fellow Orientation! Meet your sponsoring Institution's DIO, Woodson Scott Jones, M.D., as well as our Major participating partners, Dr. Bryan Alsip, M.D., from University Hospital and Dr. David Bell, M.D., from Veterans Affairs!

Come get a back stage pass on learning about new trainings, programs and overall Institutional partners and events!

**What will we do?**

Come enjoy interactive activities and events about learning what your new residency and fellowship life will be like! Listen to our presenters discuss important topics like social media, wellness, emergency management, patient relations and much more! Learn, engage and interact with our partners, UH and VA as we take you through your new journey. All new residents and fellows attending the orientation will get a chance to win raffle and door prizes, and participate in interactive activities that will introduce you to the diversity we have to offer at UT Health San Antonio!

**Is food provided?**

**Yes!** Food is provided to all new and incoming residents and fellows attending New Resident/Fellow Orientation. We will kick off our day with breakfast, at 7AM. Throughout the day we will provide you with snacks and beverages. We will also provide boxed lunches, that you will enjoy sitting on the lawn under our beautiful cascading tall oak trees.

**Meet your leadership!**

Mark the Date!
June 15th – 16th
7AM — 5PM
7703 Floyd Curl dr
San Antonio, TX 78229

Woodson Scott Jones  
UT Health Vice Dean & DIO

David Bell  
VA Leader & Educator

Bryan Alsip  
Vice President & Chief  
Medical Officer at UH
On behalf of University Health, welcome and congratulations on being selected to join your respective University of Texas Health San Antonio training program. For more than 100 years University Health has been here to heal, improve health, lead, innovate and advance the practice of medicine. This is further supported by our mission, vision and values.

University Health provides a comprehensive health system. Beyond the hospital setting, University Health comprises the associated affiliates and partner organizations:

- Community First Health Plans
- University Medicine Associates
- University Health Foundation
- University Health Institute for Public Health

Further: University Health is proud to provide:

- More than 25 outpatient Care Centers
- 3 ExpressMed Clinics
- 2 Ambulatory Surgery Centers
- 5 School-based Health Centers
- 3 Outpatient Dialysis Centers
- 2 HealthyU Express Mobile Units

Finally, opening in August 2023, the Women’s and Children’s Hospital will provide dedicated services unique to health care needs of women, babies and children. We are excited to have you join during the opening of the Women’s and Children’s Hospital.

Welcome to University Health!
A Letter from Veteran Affairs

Welcome from the South Texas Veterans Health Care System (STVHCS), including our Audie L. Murphy Memorial Veterans Hospital and Kerrville VA Medical Center!

On behalf of STVHCS, I want to welcome you to the team providing care for over 100,000 Veterans in San Antonio, Kerrville, Victoria, and surrounding areas. You are joining the fastest-growing VA health care system in the nation where our focus is on great Veteran care, education, and research!

Our mission is to develop the nation’s health professionals to deliver the best Veteran care now and in the future through education and training. We are proud to partner with UT Health San Antonio, University Health System – and most of all you – in our vision to serve as the premiere VA site for education.

Along with our physicians, nurses, therapists, and other health care professionals, you are a critical part of the VA team. We are stronger together, and we look forward to supporting you in your journey as a lifelong learner and developing leader in medicine.

-Dave Bell

Adjoint Professor of Medicine, UT Health San Antonio
Associate Chief of Staff for Education, STVHCS
Hannah Uhlig - Reche, M.D.
House Staff President
PGY - III PM & R

As President of House Staff Council, I look forward to advocating for house staff at all levels of training. I will explore improvements in trainee wellness, work towards innovative solutions that address systematic problems, and continue to negotiate updates to salary/benefits that are aligned with house staff needs.

Executive Committee 2023 - 2024

Vice President
Mahad Minas, M.D.
PGY - IV
Radiology - Diagnostic

Training doctors, are working hard to take care of patients. I will do my best to make sure training doctors are taken care of, now and in the future. I’ll continue to focus on improving our salary, benefits, technology, workspaces, and improving access to: food, childcare, loan repayment, and parking.

Secretary
Keerthi Thallapureddy, M.D.
PGY - II Internal Medicine

I am excited to serve as the secretary of the HSC leadership council and look forward to actively communicating with residency programs and working alongside the rest of the officers in advocating for concerns that matter most to us during our residency journey.

Treasurer
Yimage Ahmed, M.D.
PGY - III Emergency Medicine

As treasurer, I would like to help manage a budget that prioritizes a larger allocation to residents and help fund activities for residents that are both impactful and memorable. Also I’d like to be transparent with residents about the budget/funds available and have interactive discussions when planning for residents.

https://uthscsa.edu/medicine/education/gme/house-staff-council
Dear UT Health SA Medical Resident:

Membership in Bexar County Medical Society (BCMS) and Texas Medical Association (TMA) is a benefit provided by the Texas Medical Association Insurance Trust (TMAIT) to all residents. Our organizations look forward to providing you with the following valuable benefits:

• Educational seminars on debt management, asset protection, risk management, and starting a medical practice.
• Consulting services and help to transition to private practice.
• Resources on employment, contract negotiations, licensing, and credentialing.
• Low interest rates on student, resident and graduate medical education loans.
• Access to Texas Medical Association Insurance Trust (TMAIT) - created and endorsed by the Texas Medical Association, as a member, TMAIT will help you and your family get the insurance coverage you need.
• Auto Program - a no-cost member service designed to spare you the aggravation and hassle normally associated with an automobile purchase. We offer low rates for participants through select banks and credit unions.
• Invitations to attend free social events, happy hours and networking opportunities.
• Subscription to The Physician Link electronic newsletter, which focuses on advocacy issues, practice management, upcoming events, and membership benefits.
• Complimentary monthly subscription to San Antonio Medicine magazine - the definitive medical magazine in Bexar County that focuses on local and state medical issues.
• Opportunity to contribute articles for publication consideration in our San Antonio Medicine magazine.
• Opportunities for advocacy leadership and professional development at the local and state level.
• Professional growth and development opportunities through involvement in local-level committees. These committees offer the opportunity to network with local physician leaders. Visit www.bcms.org/committees.php

Your membership with the TMA and BCMS also provides access to a wide variety of exclusive benefits and services to help you during training and transition into practice. Visit www.texmed.org/benefits.

• Resources for Physicians in Training - Among these are leadership opportunities on councils and committees, free business of medicine seminars including online modules, on line educational videos, wellness programs, and a wealth of expertise on various topics via the TMA Knowledge Center.
• Products and Services for Transitioning into Practice - These include medical licensing information; an employment and recruitment contract negotiation guide; professional liability insurance through Texas Medical Liability Trust (TM LT); major medical, life, and disability insurance from TMA Insurance Trust; and business consulting services at below market rates.
• Resident and Fellow Section (RFS)- Residents are encouraged to participate in the RFS for networking, leadership, and educational opportunities. Visit www.texmed.org/residents

Sincerely,

Brissa G. Vela
Director of Membership (210)
301-4371
brissa.vela@bcms.org

Advocating for physicians, patients, and our community since 1853
4334 N Loop 1604 W, Suite 200. San Antonio, TX 78249 • (210) 301-4391 • Fax (210) 301-2150 • www.bcms.org
HOUSE STAFF
SAFE RIDE PROGRAM

Too tired to safely drive home?

**TAXI VOUCHER**

1. Call 210-358-4000 and ask to be transferred to Protective Services.
2. Protective Services will issue you with two taxi vouchers, one to go home and one to return to hospital

**RIDESHARE**

1. Schedule a ride to go home and a return to hospital from your personal Uber/Lyft app
2. Email screenshot of your rideshare receipt to GME@UHS-SA.com to request reimbursement
3. Allow up to 7 business days for processing, then pick up reimbursement check at Cashier’s window on sublevel.

**LIMITATIONS/CONDITIONS:**
Gratuities not included/reimbursed for taxi/ridesharing services. Transportation only offered to/from University Health System location and your home. Use of services is monitored. Violation of usage policy subject to disciplinary action. Contact Professional Staff Services for full policy.
The social determinants of health (SDoH) are the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life.

“Providing optimal care to the patients of our community requires identifying and addressing the social determinants of health that impact them daily.”

What are social determinates?

- Income and social protection
- Education
- Unemployment and job insecurity
- Working life conditions
- Food insecurity
- Housing, basic amenities and the environment
- Early childhood development
- Social inclusion and non-discrimination
- Structural conflict
- Access to affordable health services

Research shows that the social determinants can be more important than health care or lifestyle choices in influencing health. For example, numerous studies suggest that SDoH account for between 30-55% of health outcomes. In addition, estimates show that the contribution of sectors outside health to population health outcomes exceeds the contribution from the health sector.
Obtaining a medical license & credentials to practice is harder than maintaining a medical license!

UT Health promotes a culture of professionalism that supports patient safety, quality improvement, resident/fellow well-being, personal responsibility, and inter-professional team-based care. Every physician shares the responsibility and accountability for his or her efforts in the provision of quality medical care. Self-care is an important aspect of professionalism, and a skill that must be learned and nurtured in the context of other aspects of graduate medical education.

Professionalism requires residents/fellows to demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles. Residents/fellows are expected to demonstrate:

- Compassion, integrity, and respect for others
- Responsiveness to patient needs that supersedes self-interest
- Respect for patient privacy and autonomy;
- Accountability to patients, society and the profession;
- Sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation.
Peach and Pink cards will be distributed at orientation and should be attached behind your ID badge for quick use and reference.

RESIDENT’S REPORTING CARD

Step 1: Your chain of command
Step 2: Appropriate section below or on back

PATIENT ISSUES

I am concerned about patient safety, harm, or potential for harm, or wish to report a medical error, near miss, or unintended outcome:

- UHS..................desktop: MIDAS (erat)
- UHS..................210-358-1345 Office
- UHS..................210-668-3073: After Hours
- VA..................desktop: JPSR
- VA..................210-617-5300 x 13584
- SAMMC desktop: PSR
- Christus/CHOSA.....210-704-2020

I have a general suggestion:

- GME Office.......................... 210-567-4431
- Vice Dean GME.............. jonesw3@uthscsa.edu
- UHS CMO............................. bryan.alsip@uh-sa.com
- VA DEO............................ david.bell1@va.gov
- SAMMC Ombuds... kevin.p.pieroni.mil@mail.mil
- UT Police Emergency............. 210-567-8911

RESIDENT’S REPORTING CARD

PHYSICIAN WELLNESS

I am concerned about:

- Duty Hours / Fatigue Management: 210-567-0553
- Compliance Hotline............. 877-507-7317

My Health and Wellness:

- GME Behavioral Health – 210-450-8734/8341 or Email: gmenewellness@uthscsa.edu
- UT Health Psychiatry Services – Please contact Behavioral Health for referral assistance.
- UHS EAP 866-EAP-2400 (state “I work at UHS”)
- National Suicide Hotline – text “connect” to 741741

Mistreatment or need accommodations:

- Ombuds.......................... 210-567-2691
- Vice Dean's Office............. 210-567-0553
- Compliance Hotline............. 877-507-7317
- Title IX.......................... 210-450-8131

Workplace Violence:

- C.A.R.E.......................... 210-567-2273
  I have contacted the other resources and still have concerns:
  ACGME.......................... ombuds@acgme.org

UHS Quality and Patient Safety Initiatives

1. Safe communication through huddles, patient hand-offs, time-outs, and documentation.
2. Consistent hand hygiene with alcohol-based hand sanitizer or soap and water.
3. Prevent CAUTIs through prudent indwelling catheter use, external catheter use when possible, and device bundle compliance.
4. Prevent CLABSiS through appropriate central line technique, early discontinuation if appropriate, and device bundle compliance.
5. Prevent healthcare associated C. difficile through isolation precaution compliance, hand hygiene with soap and water, and appropriate testing.
6. Prevent SEPSIS mortality through early identification and other set use.

TRIPLE AIM PLUS

- Improve quality, safety and outcomes
- Improve the patient experience
- Improve efficiencies
- Improve access to care

*Peach and Pink cards will be distributed at orientation and should be attached behind your ID badge for quick use and reference.*
Frequently Asked Questions

- **What is the deadline for completing onboarding checklist?**
  All UH modules and VA checklist must be completed by May 1st. All other GME requirements can be submitted until June 1st.

- **How long is Orientation?**
  Orientation consists of 2 paid weeks that are part of your graduate medical education prior to your clinical start date. You will have activities from UT, UH, VA that are required. In addition, several scheduled days will consist of a program orientation assigned through your Program Director or Program Coordinator.

- **Do I have to attend SDoH and PSAR?**
  Yes! Both PSAR and SDoH are critical learning environments that help you with your resident training in preparing you for the world outside of residency/fellowship.

- **Are Immunization shots required?**
  Yes, it is UH policy that all residents and fellows be immunized before direct patient care begins and is a part of your residency contract. Due to the high volume of patients you come in contact with, we want to make sure we are providing a safe environment for all. In order to be appointed to rotate at VA, you MUST have all CDC-recommended vaccinations for health care workers. If you have questions, please reach out to your Program Coordinator.

- **What do I need to bring to Orientation?**
  2 forms of valid identification examples of this are: Passport, ID or Driver’s license, School ID, Military Card, Social Security card, Citizen card, or Resident Card, badge request form, parking permit form (if not completed already), $10 for badge cash or card.

- **What is the dress code for Orientation?**
  Dress code for the whole 2 weeks is professional/ casual. This would include any collared shirt, blazer, jacket, pants such as khakis/dress pants, appropriate length dresses or skirts and close toed shoes.

- **If I am unable to attend an orientation event what do I do?**
  Please contact your Program Coordinator IMMEDIATELY.

- **What if I start after Orientation?**
  Contact your Program Coordinator for any missed information or any information regarding your onboarding process.

Still have Questions?
If you have questions about your Program or Orientation please visit our website at: https://www.uthscsa.edu/academics/medicine/education/gme
CAMPUS PARKING MAP: Long Campus

*Please refer to the parking information in the Welcome Letter
## Lactation Room Information

### UT Health Science Center Campus(s) Lactation Rooms

<table>
<thead>
<tr>
<th>Building</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALTC</td>
<td>2.205.03</td>
</tr>
<tr>
<td>Dental School</td>
<td>3.289R.00</td>
</tr>
<tr>
<td>Dental School</td>
<td>4.289R.00</td>
</tr>
<tr>
<td>Medical School</td>
<td>1.114E.00</td>
</tr>
<tr>
<td>Nursing School</td>
<td>1.109.02</td>
</tr>
<tr>
<td>PARC</td>
<td>1.113.00</td>
</tr>
<tr>
<td>MARC</td>
<td>5.515.01</td>
</tr>
<tr>
<td>MARC</td>
<td>5.516.01</td>
</tr>
<tr>
<td>STRF</td>
<td>1.101.00</td>
</tr>
</tbody>
</table>

### University Hospital Lactation Room Information

<table>
<thead>
<tr>
<th>HORIZON TOWER 5TH FLOOR</th>
<th>SKY TOWER (SAME LOCATION OFF CENTRAL HALLWAY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>H5-F46B</td>
<td>05-302</td>
</tr>
<tr>
<td>H5-F46F</td>
<td>06-302</td>
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<tr>
<td>H5-F48K</td>
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</tr>
<tr>
<td>H5-F48M</td>
<td>09-302</td>
</tr>
<tr>
<td>H5-F48N</td>
<td>510-148</td>
</tr>
</tbody>
</table>

### Audie L. Murphy VA Medical Center Lactation Room Information

- **Resident call room area, 3rd floor, room 306.1 (access code for RESIDENTS ONLY)**

- **Employee lactation rooms, C001, near Spinal Cord Injury Center. (Contact Occupational Health at ext 14116 for the code)**

For access to the lactation rooms; all residents, fellows and faculty need to submit an access form to Leigh Ann Kensky at Kensky@uthscsa.edu. Access form [here](#).
Have you ever really looked around a patient’s room when you enter? During orientation you will have the opportunity. You will visit one of four simulated rooms full of patient safety errors. The Patient Safety Awareness Room (PSAR) is a simulated patient room in which you will locate as many patient safety errors as you can. The PSAR is a tool that is used to assess and improve your situational awareness and introduce patient safety initiatives within the clinical learning environment.

You will attend a debrief session that will give you an opportunity to engage with other incoming residents and fellows, see what they found, and be introduced to the incident reporting database.

We can’t wait to see you!

Still have questions?
Reach out to your program manager for additional assistance on PSAR scheduling, questions and for the incident report database.
OUR SERVICES

1. Counseling & Coaching
   In-person, online or via phone. To schedule a counseling appointment, please contact gmewellness@uthscsa.edu

2. Resources
   Monthly Podcasts on wellness topics along with quarterly newsletters from professional staff. Lectures and workshops.

3. Self-Screening
   Online self-screening is available for depression, burnout, anxiety, and suicidal ideation. The screening is voluntary and completely anonymous.

WORK-LIFE WELLNESS

Residency and fellowship training is one of the most exciting times in life, but it also can present a variety of challenges to personal and professional well-being. Residents often experience emotional and physical exhaustion, anxiety, feelings of inadequacy, and strained personal relationships. These issues can often lead to depression, substance abuse, and even suicidal thoughts. Our resident wellness program strives to ensure that residents are both emotionally and academically successful. We provide a variety of confidential services, free of charge to our Residents & Fellows.

Issues We Address
- Depression
- Burnout
- Anxiety
- Work-life balance
- Anger/Stress
- Thoughts of self-harm
- Substance abuse
- Flourishing during challenging times

More Information:
7703 Floyd Curl Drive, MC 7790, San Antonio, Texas 78229-3900 (210) 450-8734
https://www.uthscsa.edu/academics/medicine/education/gme/wellness
Life in San Antonio

“A bad day in San Antonio is better than a good day anywhere else.”

The rolling terrain of the Hill Country around San Antonio has drawn charming vineyards, hillside bed and breakfasts and nationally-acclaimed resorts that offer rustic refinement in the most pampering of ways, from championship golf courses to fireside spas and delectable restaurants. As you delve deeper into San Antonio, the essence of the city's rich culture only grows stronger. Varied cuisines, including famed Tex-Mex, fill the air with rich aromas. Music flourishes: country-western bands, mariachis, folk singers, conjunto—all singing the songs of the city. Art comes alive with river gardens, Spanish colonial architecture and prestigious museums. But nothing embodies the essence of San Antonio more than the people with their intimate and welcoming nature.

San Antonio is one of America’s most authentic and passionate cities, spirited with poets and lyricists, painters and sculptors, a city both rich and humble. Become a part of the living mural—and let San Antonio become a part of your heart.

Quick links to learn more about San Antonio

- About San Antonio
- San Antonio At-A-Glance Fact Sheet
- San Antonio's Culture
- San Antonio Safe, Friendly and Inclusive
- San Antonio's Thriving LGBTQ+ Scene
- A Weekend Guide to San Antonio
The transition to residency includes many new responsibilities including, a change in making more complicated financial and budgeting decisions. Your posted salary does not include taxes and other employer deductions that will be taken out before your net monthly income. Creating a realistic budget is important as you balance work, time and money. One workable option is the 50-30-20 rule, which divides a paycheck into three categories. The bulk (50%) goes to essentials such as rent, groceries and utilities. A fifth (20%) goes to savings and debt payments. And one-third (about 30%) goes to more flexible—and less essential—spending.

Creating a budget starts with four steps.

1. **Collecting your data:** Consider standard deductions like federal taxes and health care premiums to estimate your take home pay.
2. **Establish your fixed monthly expenses:** Make an estimate of what your housing and utilities will cost. This may also include student loans, insurance, dependent care, phone, car payments, gas/transportation and food.
3. **Once you have paid your necessities, time to pay yourself:** Left over funds in your budget can be added to other items like savings and retirement accounts, entertainment, travel and other discretionary expenses.
4. **Lastly, track your monthly expenditures:** To refine your budget, you must also manage unexpected expenses and costs that may offset your next month’s budget.

Try budgeting on your own here:

<table>
<thead>
<tr>
<th>Item</th>
<th>*PGY1 Salary: 59,178.04</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing</td>
<td></td>
</tr>
<tr>
<td>Utilities (water, electricity &amp; internet)</td>
<td></td>
</tr>
<tr>
<td>*Health insurance (med, dental &amp; vision)</td>
<td>$116.72</td>
</tr>
<tr>
<td>Student loans</td>
<td></td>
</tr>
<tr>
<td>Transportation</td>
<td></td>
</tr>
<tr>
<td>Childcare</td>
<td></td>
</tr>
<tr>
<td>Groceries</td>
<td></td>
</tr>
<tr>
<td>Other bills (ex: credit cards, car payment)</td>
<td></td>
</tr>
<tr>
<td>Total of expenses</td>
<td></td>
</tr>
<tr>
<td>Discretionary money</td>
<td></td>
</tr>
</tbody>
</table>

*Actual UT Health San Antonio FY 23-24 PGY 1 Salary and Insurance Costs


For additional budgeting resources and information visit:

[https://www.ama-assn.org/medical-residents/medical-residency-personal-finance/you-made-it-will-your-wallet-how-budget](https://www.ama-assn.org/medical-residents/medical-residency-personal-finance/you-made-it-will-your-wallet-how-budget)

[https://students-residents.aamc.org/financial-aid-resources/budgeting-basics-managing-your-money-during-lean-years](https://students-residents.aamc.org/financial-aid-resources/budgeting-basics-managing-your-money-during-lean-years)

[https://students-residents.aamc.org/media/7256/download](https://students-residents.aamc.org/media/7256/download)
Knowing your Program

Take a moment to fill out the below blanks about your program

For more information regarding your Residency or Fellowship please follow the links below:
Click here for Residency Programs
Click here for Fellowship programs

Name of Program: ____________________________________________

Program director: ___________________________________________

Program coordinator: _______________________________________

Phone number of Program Coordinator: _______________________

Where is your Program Office located: _______________________

VA Site Director: ___________________________________________

Additional Comments/Notes: _________________________________

_________________________________________________________
## Resident & Fellow Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
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| **Academic Faculty & Student Ombudsperson & ADA Compliance Office**  
  Briscoe Library Room 3.094                   | students.uthscsa.edu/studentlife/2016/11/student-ombudsperson/  
  210.567.2691                                |
| **Emergency Services/ Campus Police**        | https://www.uthscsa.edu/police/home  
  Emergency line: 210-567-8911  
  Non– emergency line: 210-567-2800           |
| **GME Office**                               | uthscsa.edu/academics/medicine/education/gme  
  210-567-4431  
  medgme@uthscsa.edu                          |
| **Office of International Services**         | wp.uthscsa.edu/ois/  
  in regards to J1 or Visas  
  210-567-6241  
  international@uthscsa.edu                  |
| **Professional Staff Services (UH) Onboarding** | 210-358-0163 for Adelfa Diaz  
  210-358-0062 for Marilyn Dahl  
  GME@uhs-sa.com                               |
| **SAUSHEC Onboarding**                       | 210-916-5756                                             |
| **Title IX Office**                          | wp.uthscsa.edu/title-ix/  
  Anonymous reporting number: 877-507-7317   |
| **UT Health San Antonio Library**            | Library.uthscsa.edu  
  askalibrarian@uthscsa.edu  
  210-567-2450                                |
| **Veterans Affairs Onboarding**              | VHASTXVAHPTOnboarding@va.gov  
  210-617-5109  
| **Wellness Services**                        | uthscsa.edu/academics/medicine/education/gme/wellness  
  gmewellness@uthscsa.edu                      |
| **Help with Housing**                        | students.uthscsa.edu/studentlife/2013/04/housing-list/   |

### Additional Services