BREASTFEEDING AND EXPRESSION OF BREAST MILK ON CAMPUS

Policy

As a healthcare institution, UT Health Science Center at San Antonio supports activities that contribute to the health and well-being of its employees and their families. Because of this commitment, the Health Science Center will provide designated, private locations for mothers to breastfeed or express their milk.

A designated lactation room is provided as a private and sanitary place for breastfeeding employees to express their milk during work hours. This room provides an electrical outlet, comfortable chair and nearby access to running water. Employees who have a private office may also use that space for this activity in place of a designated room.

Procedure

Employees will be provided breaks to accommodate breastfeeding or milk expression but must obtain advance approval from their supervisor before leaving their work station to try and ensure operational requirements are minimally impacted. This time does not exceed regular breaks and/or lunch. For time away above and beyond breaks/lunch, personal or vacation leave must be used or a flexible schedule would need to be approved by the employee’s supervisor.

Locations of designated lactation rooms may be obtained by contacting Human Resources at 567-2600 or by viewing the HR Website.