

"2010"

PA Class of 2010 Newsletter

Points of Interest

- * Two PA-I teams entered the annual UTHSCSA chili cook-off: Great representation from Luck Leprechan's Pot of Gold, and Asociado Medicos con Sabor plus all the other students who came out in support of their classmates.
- * Jose Luis DeLaCerde wowed us with his singing talent at the annual talent show.
- * Surprise!! Audrey's bridal shower was a great success and lots of fun. Audrey's wedding is scheduled for June 28th.

Are We There Yet?

We could barely believe, and could hardly wait for Summer Break 2008 to come. And now, what seems like only a few weeks later, the next semester looms straight ahead. Wait...it is only a few weeks later! Anyway, we managed to get through Spring Semester in one piece and are a little over a month away from being PA-2s. With our big brothers and sisters off to do their rotations, we are left to guide our "littles" through their 1st year journey. This is a very exciting and honorable endeavor. In addition, with most of the Laredo cohort soon to join us, we will finally get to enjoy time as a complete class.

Asking "are we there yet" seems almost absurd considering how much we find we *don't know* day to day. However, seeing how fast we have passed from the first day of orientation to this place, getting "there" will soon be a blur in time. Focus and perseverance are only small parts of our character that have been perfected along the way.

By: Julia Atencio
Historian
PA Class of 2010

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination"
Jimmy Dean

Everyone's a Food Critic

In a recent survey on favorite restaurants your classmates voted as follows:

"I really love the restaurant La Fogata! It has wonderful ambience, great food, and award winning margaritas!"
-Emilie Smith

Laredo: "The first is an old spice factory called La India and the other is a hole in the wall called El Meson de San Agustin. They are both lunch spots."
-Joseph Lynch

"My new favorite restaurant is China Latina. A couple of weeks ago, some life-long friends convinced me to go and try sushi. LOVED IT!!! They also have great happy hour specials to give us students a chance to have a great time, and not spend so much cash!" - Lisa Wright

"Cheesecake Factory"
- Janel Primus

"The Lodge. It is an old house which can create a very intimate setting for dinner if you get one of the bedrooms, or if you eat downstairs, it feels like a regular restaurant. For Asian food, I like Formosa Garden and its sister Mencias."
-Joseph Lynch

Do you agree? Send in your votes for these, or other of your favorite eateries!!



I want to make a difference in the medical health of my patients and in the local community.

Spotlight On You—Part II

This issue's spotlight is on Emilie Smith. A world traveler, Emilie traveled to 10 countries in the last 7 years prior to "settling down" here with us.

Even through a series of unfortunate events at the most inopportune times, Emilie keeps a smile on her face and a positive attitude. Her resiliency has impressed us all.

So what are some other things that make her special?

Well, this semester she has been our Anatomy stock house of information. Her strong background in Anatomy proved to be very helpful to classmates and we thank her for being so open to helping us.

Also this semester, Emilie applied and was accepted as one of the 4 peer advisors for the incoming class of 2011. I'm sure our "littles" will benefit from her great leadership.

Speaking of leadership, we cannot overlook the position she was elected to most recently. In the immediate future, Emilie will be representing our class at the AAPA Challenge Bowl.

This is quite a challenge!! We encourage the whole class to come out and cheer her on! Okay, so what about the dirt? Every good reporter finds dirt right? Here it is....(drum roll please...)

Did you know that Emilie plays the GUITAR? This is an interesting tidbit considering that we only had ONE PAS-1 entry for this year's UTHSCSA talent show. Hope she will consider sharing her talent soon. Maybe we'll see "Emilie Smith" as a future password for one of PA Cardona's quizzes!! ☺

Got Support?

When a PA student candidate attends orientation in anticipation of applying to UTHSCSA PA Studies Program, they are encouraged to get their grades, finances, and support system in place. Likewise, during interviews, we are asked to evaluate our support system in terms of the commitment we want to make to this program. Still, the importance of a support system is not seen until you are in the midst of long study days and nights, stresses of getting projects done, financial struggles, and neglect of the "normal life" you once had. A few class members offered their thoughts about their support systems. In particular, Janel Primus provided insight into her need for a good support system. When Janel moved to San Antonio, she never expected to be extremely allergic to this climate in general, but she was. Much of her first semester was spent experiencing severe symptoms of allergies which made her—in her words—"quite sickly".

Still, Janel attended class faithfully, performed well on tests, and managed some social time too! Janel credits much of her success to her support system. Here is what she has to say:

"A good support system is extremely important to my success in this program. Without the support and understanding of my husband and parents, I do not think that I would have done as well as I have done so far.

A good support system also helps with setting personal limits and goals for me to remain healthy. During my tough times and my sickly times, my husband has been the one to keep me from giving up. My husband is also very patient and helped me with all of my physical exam and history taking techniques.



I participated in Habitat for Humanity with Carolina and Liz and in the Special Olympics with Carolina. I also participated in the Science Expo for high school students and the interviews for the prospective incoming class. All of these experiences were lots of fun and very exciting. I enjoyed taking a break from study-