FLU ON CAMPUS!

There are at least 10 confirmed influenza cases on the HSC Long Campus. If you have flu symptoms or have had a confirmed rapid flu test or culture, Please call the Employee Health & Wellness Clinic @ 210-567-2788 or the Student Health Center @ 210-567-WELL (9355).

*Flu-like symptoms include: fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

*If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. Your fever should be gone without the use of a fever-reducing medicine.

Please take the appropriate steps to protect yourself and your Campus community.

CDC Guidelines:

http://www.cdc.gov/flu/protect/preventing.htm