

Programs initiated by Dr. Norma Martínez Rogers

Some of the programs Norma Martínez Rogers, Ph.D., R.N., FAAN, has initiated at the UT Health Science Center San Antonio include:



**Dr. Norma
Martínez Rogers**

- **Juntos Podemos (Together We Can)** is a mentoring program for disadvantaged nursing students. The program pairs first-year nursing students with second- and third-year nursing students. The mentors receive a small stipend that helps with their educational expenses, while their protégés receive guidance and encouragement on how to balance school, work and home life in order to become successful nursing students. More than 98 percent of the students are academically successful. The program is sustained by funding from the Health Resources and Services Administration of the Department of Health and Human Services. Dr. Martínez Rogers has received more than \$1 million in funding for this project.
- **Challenges and Changes program**, now called *Nueva Fronteras (New Frontiers)* is a support group begun in 2001 to help women prisoners transition from incarceration back into society. The 50-week program is designed to teach women to live productive lives by making healthy lifestyle choices for themselves and their families, and acquiring positive parenting skills. The funding for this project has come mainly from the Alice Kleberg Reynolds Foundation, Office of Minority Health and Office of Women's Health.
- **Martínez Street Women's Center** is a nonprofit organization designed to provide support and educational services to women and teenage girls. Dr. Martínez Rogers was on the founding board. The teenage program focuses on self-empowerment and making sound judgments, while the program for adults teaches the women about breast-feeding, diabetes and nutrition.
- **Avanzar (To advance) Pre-Nursing Society** is a collaborative program between the Health Science Center's School of Nursing and the University of Texas at San Antonio Office of Health Professions. The program provides counseling and advice to undergraduate students to help them prepare to apply for nursing school. The Health Resources and Services Administration provides more than \$400,000 for this program.